03

New homes for Newham

08

Festive treats

29

Savvy shoppers

thenewhammag

issue 356 // 16 December 2016 – 12 January 2017 // Every fortnight

Merry Christmas everyone

Wait is almost over (p14)

Look out for the next issue from **16 December 2016.**

Contents

On the cover

03 HOMES FOR FAMILIES – success with new homes

08 SPECIAL DELIVERIES – gift of Christmas hampers

29 SMART SHOPPING – retail therapy without tears

In this issue

10 BY ROYAL APPOINTMENT – vacancies for royal roles

13 CHRISTMAS CASH – stay clear of debt at Christmas

14 LIGHTING UP THE NIGHT – lights add festive sparkle

17 DO IT ONLINE – accessing services on the go

22 VITAL SERVICES – opening hours for council

25 RECYCLING CHRISTMAS – dealing with the season's waste

27 HAVE FUN WITHOUT RISK – eat, drink and be merry, safely

Regulars

03 NEWS – three pages of news from across the borough

06 MAYOR'S VIEW – news from Sir Robin Wales

20 NEWHAM IN PICTURES – your borough through a camera lens

28 CAUGHT ON CAMERA – help find these litter-droppers

30 OUR NEWHAM – community news

32 KIDS' CORNER – jokes, pictures and puzzles for our younger readers

34 WHAT'S ON – five pages of activities and events for you to try – most of them free

Newham London

PUBLICATIONS OFFICER: Kay Atwal
STAFF PHOTOGRAPHER: Andrew Baker
Call the Mag team on **020 3373 1517**
To advertise in the Mag call
Julie Madell on **07890 529 090**

Find us online at www.newham.gov.uk/mag
For information on all Newham Council services visit www.newham.gov.uk
@NewhamLondon **www.facebook.com/newhamcouncil**

If you do not receive the *Newham Mag* at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU, or email newham.mag@newham.gov.uk

Publication of an advert in the *Newham Mag* does not constitute endorsement of any goods or services offered. The *Newham Mag* is printed on 100% recycled paper by Garnett Dickinson Print Ltd and distributed by Letterbox Distribution.

News

Council builds its own homes

The first homes to be built by Newham Council in 30 years have been unveiled by Mayor Sir Robin Wales, who handed over keys to the first families to move in.

The six quality three-bedroomed properties in Chatsworth Road, Stratford, were completed by the council's repairs and maintenance service. Newham is one of the only councils in the country to be building homes using their own resources.

The scheme has been recognised nationally after being nominated for a Local Government Chronicle award for most innovative service delivery model. In addition to building the homes, the council team made alterations to surrounding roads, street lighting and landscaping.

> "To give those residents a fighting chance of getting a home, we need a rapid expansion of affordable properties."

The Mayor said: "I am very proud of our repairs and maintenance team who have successfully delivered these properties. This visionary approach uses our skilled officers to build much-needed homes while saving the council millions of pounds."

Materials were supplied through the council's partnership with Travis Perkins Plc, a national leader in building material supplies. The council's architects IGM Ltd provided expertise.

Plans are in place for the council to directly build more homes. Another 150 new homes are planned over the next three years. Five sites have already been identified.

Added the Mayor: "This is one of the innovative ways we are dealing with the effects of the housing crisis. With 17,000 people on our housing waiting list and hundreds of homeless families approaching us for help, we are in desperate need of new homes. To give those residents a fighting chance of getting a home, we need a rapid expansion of affordable properties. This scheme will help to increase the supply."

Abdul Kayum, one of the first residents, said: "Our new home is really nice and we are happy to be moving in. We thank the council for making it happen."

Travis Perkins supplied timber for the house frames, exterior cladding, roof solar panels, guttering and drainage and interior fixtures and fittings. James Clack, sales and marketing director said: "Working with Newham Council to create new family homes has been a privilege."

The homes have been funded through a combination of Right to Buy receipts and the council's housing capital.

The Mayor, Councillor Andrew Baikie with the Kayum family outside their new home

Another 150 homes already in pipeline

News

Successful small business Saturday

The first ever Small Business Saturday to be held in Forest Gate has been hailed a success.

Shoppers, residents, business owners and Newham Council's Community Neighbourhoods joined forces to take part in the business initiative on 3 December encouraging people to shop locally.

The Small Business Saturday scheme, which involved more than 120 businesses in Forest Gate and the Maryland area of Stratford, rewarded shoppers with a hot drink for purchasing goods from participating local shops and stalls, including those in Woodgrange Market, Romford Road and Upton Lane.

Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning, said: "Having a thriving local economy is essential for building strong and resilient communities. The Small Business Saturday event was a big success and showed retailers just what a demand there is for their services and goods."

Forest Gate businesses joined in

John, with wife Jan, and sons Nathaniel and Cato

Tributes paid to former councillor John Lock

Mayor Sir Robin Wales paid tribute to former Newham councillor and honorary freeman of the borough John Lock who died after illness.

John, 62, had lived in Newham since 1979 and was elected by residents to represent them in the former Park Ward from 1986 to 1994. Throughout his long career in Newham, he worked in areas of health, regeneration, leisure, education and the 2012 Games

Sir Robin said: "He was a good man who worked tirelessly to improve the health and lives of residents. If anyone deserved to have the freedom of Newham for long and distinguished public service, then it was John. He will be much missed."

Flags at both East Ham and Stratford Town Halls were lowered and a full tribute to John will be made at the next meeting of the full Council.

More than 120 businesses supported the scheme

...in brief

Awards for carnival youngsters

Cllr Laguda presents medals

Students at Lister Community School in Plaistow who created colourful costumes for the Mayor's Newham Carnival in July, received medals by way of thanks from Councillor Joy Laguda, the chair of Newham Council.

The students were among more than 750 young people from 20 schools across Newham who took part in the parade through the streets of East Ham.

Councillor Laguda paid tribute to the hard work of both students and staff at the school when she handed out medals and presented them with a sliver salver.

She said: "The success of the Mayor's Newham Carnival relies on students and staff spending many hours of hard work, developing ideas and creating colourful costumes to bring the event alive. It was a pleasure to go to the school and present them with their medals. I hope they have been inspired to take part again next year."

Station to close for Crossrail works

Custom House station on the Docklands Light Railway (DLR) is to close for 11 months from January in preparation for Elizabeth Line (Crossrail) services which are due to start in December 2018.

Existing canopies at the station will be removed and a new mezzanine deck installed above the DLR platforms in addition to two extra staircases. The work is set to increase capacity at the station by 50 per cent.

The scale of the work involved means the station will be closed until November next year. Passengers can use Royal Victoria or Prince Regent DLR stations instead. For more information visit **www.tfl.gov.uk**

Stadium parking controls

Event day parking restrictions are in place around the London Stadium in Stratford when West Ham United play there.

On those days controlled parking hours in Stratford Central, Stratford North West, Stratford South West, Stratford South East and West Ham residential parking zones are extended and apply from 8am to 9pm. Only permit holders can park in them.

Event days are: 2 January (Manchester United), 6 January (Manchester City), 14 January (Crystal Palace) and 1 February (Manchester City).

Licensing consultation deadline

Newham Council's consultation on proposals to launch a new property licensing scheme for private landlords is ending on Monday 23 January.

The proposals aim to improve living standards for the borough's residents, tackle anti-social behaviour and poor management of properties owned by landlords who fail to comply with the law.

If you are a private tenant, landlord, a Newham resident or business, the council wants to hear your views. Visit **www.newham.gov.uk/licensingconsultation** to take part.

Author-led reading group

The author of a best selling book is offering advice for book lovers and those keen to develop their creative writing skills.

Vaseem Khan, international author of The Baby Ganesh Detective Agency series, will hold sessions on Tuesday evenings at Manor Park Library, 685-693 Romford Road, from 6.30pm to 8pm until March. You can win prizes in a writing competition.

For information contact Manor Park Library on **020 3373 0858** or email **CN.Manorpark@newham.gov.uk**

Custom House Station closed until November

Mayor's view

Merry Christmas one and all

On behalf of everyone at Newham Council, I wish you a happy, healthy and safe Christmas and a prosperous New Year.

As we end another year and prepare to enter 2017, I am as committed as ever to improving services and making a difference to Newham residents.

The past 12 months have not been without challenges. We continue to deal with one of the biggest funding cuts from the Government of any local authority in the country, yet despite that, we've protected what you say matters most.

> "We continue to deal with one of the biggest funding cuts from the Government of any local authority in the country, yet despite that, we've protected what you say matters most."

We are regarded as one of the most innovative, high-performing councils in the country. We are in the running to become Council of the Year in the prestigious Local Government Chronicle Awards. Our schools are doing better than ever, the number of people we've helped into work through our employment service Workplace is now more than 32,000, and we are delivering affordable homes.

I met some of the six families who are moving into new homes in time for Christmas thanks to us. Their three-bedroomed properties in Stratford are the first to be built by Newham Council in 30 years and many more are on the way.

I'm proud of our repairs and maintenance team who have successfully delivered these quality properties. It's just one of the ways we are dealing with the effects of the housing crisis. With 17,000 people on our housing waiting list and hundreds of homeless families approaching us for help, we are in desperate need of new homes. We need affordable properties and this scheme is helping to increase the supply.

In the weeks ahead we will be progressing next steps for the much-needed improvements to the Carpenters Estate in Stratford. We'll also be finalising our proposals for next year's council budget. Despite the vicious cuts imposed on us by the Government, we will continue to protect frontline services and keep Council Tax low.

As we approach Christmas I've also been visiting some of the fun events organised by our community neighbourhoods to bring people together as well as helping to deliver hampers to more than 3,000 older folk.

As this is a traditional time for giving, can I also encourage you to support the annual Community Links and Newham Recorder Christmas Toy appeal, which is helping more than 4,000 youngsters and their families across the borough. I've made my donation so please do the same if you can.

> "However you choose to celebrate Christmas, I wish you a happy, safe and healthy festive season."

I am very aware that not everyone will be able to take a break through the Christmas period. If you are one of those working to ensure vital services are delivered and others are looked after, please accept my sincere thanks. Thank you too if you are able to spare a little time for anyone in our community who may be alone or who may need a little help during this time. However you choose to celebrate Christmas, I wish you a happy, safe and healthy festive season.

1. Donating to the toy appeal with Paula Blake and Blue Coker from Community Links; 2. With Cllr Ken Clark delivering a hamper to Irene Allen; 3. With Santa switching on the Stratford lights; 4. The lights in Canning Town; 5. The hampers party at the Old Town Hall, Stratford; 6. With Cllr Andrew Baikie and the Kayum family at their new home in Stratford.

Hampers help spread

Christmas carols, ballroom dancing and hampers full of goodies helped many of our vulnerable residents join in with festivities that took place across the borough this month.

Newham Council spread some early seasonal cheer to around 3,000 older residents by giving them a special Christmas hamper.

Now in its third year, the hamper initiative is led by the council's eight Community Neighbourhood Teams who bring residents together throughout the year with different activities and events.

Over the past few weeks, people aged 70 and over, who live alone and are on low incomes have received hampers packed with a range of treats and essentials including tea, coffee, jams, biscuits, soup, tinned vegetables and shortbread.

"Our hamper programme captures the very essence of the season as it spreads joy to some of the most vulnerable people across the borough."

For many, the highlight was a celebration event at the Old Town Hall, Stratford, which included a Christmas lunch. Mayor Sir Robin Wales, Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning and councillors, joined the festivities as around 150 residents received their hampers.

Thanks to Tesco, the Newham residents in attendance enjoyed a festive meal and were treated to performances by choirs of schoolchildren from Ranelagh and Carpenters primary schools. They also enjoyed local singer Sam Knight who performed a range of Christmas favourites.

This year the hampers have been funded by Aspers Good Causes Fund, Berkeley Foundation, Serco, Tesco, and Lendlease.

As well as the essentials and treats, the hampers also included a Christmas card from the Mayor, information on the Community Neighbourhood Teams and a pass from activeNewham for residents to use in the borough's leisure centres. Local schoolchildren have also written letters to those who enjoyed lunch to wish them a Happy Christmas.

Sir Robin said: "Christmas is a time of giving and thinking about others. For me, our hamper programme captures the very essence of the season as it spreads joy to some of the most vulnerable people across the borough.

"This is the third year of this initiative and I am delighted that like every other year it has been extremely popular. It has been so heart warming meeting some of those receiving the hampers.

"The project has once again been made possible thanks to the generous donations of our sponsors. It is a shining example of partnership working to support those most in need in our community."

Cllr Clark said: "The whole ethos of the Community Neighbourhood Teams is to bring local people together to build strong and resilient communities.

"While this is a season of friendship and goodwill, for many people it can be a lonely time of year. This is why initiatives like our hampers programme are really important. Not only does it show people that we are thinking of them, but also gives them the chance of meeting new friends and to find out more about the schemes run by the council and their partners in their local area.

"Our sponsors have helped make this possible and I would also like to thank the army of volunteers who have helped to deliver the hampers across the borough."

the festive spirit

London Borough of Newham
COMMUNITY NEIGHBOURHOODS

For more information about the council's Community Neighbourhood Teams visit www.newham.gov.uk/communityneighbourhoods or download the free 'What's on in Newham' app via the App Store.

STAFF

Fancy a summer job at the Royal Household?

Then register with Workplace

Lucky Newham residents could find themselves showing visitors around royal residences, selling merchandise promoting the royal family or tickets for upcoming attractions during the summer months.

Workplace, Newham Council's job brokerage scheme, is recruiting for 500 vacancies for summer jobs at the Royal Household.

> **"We know being in work plays a huge part in giving people confidence and helping us to build strong, resilient communities."**

Whatever the role, residents will have the opportunity to be a part of something remarkable. Whether selling tickets, giving tours around iconic buildings, or providing outstanding customer service, they will gain valuable experience and do something truly different.

There will be a number of summer opportunities in retail, ticket sales and visitor services, and each role will play a part in helping millions of people enjoy magnificent historic buildings and beautiful art.

Newham Council believes employment is a central component for building resilient communities. That is why we set up Workplace in 2007, to help both our residents to find jobs and businesses to fill their vacancies with the right staff. Since then the scheme has helped more than 32,000 residents into work.

Mayor Sir Robin Wales said: "We know being in work plays a huge part in giving people confidence and helping us to build strong, resilient communities. It allows people to escape poverty, to exercise choice, to develop their skills and achieve their potential.

"These vacancies will give our residents a rare glimpse of life behind the gates of some of our royal residences – and some of our most treasured artwork."

> **"These vacancies will give our residents a rare glimpse of life behind the gates of some of our royal residences."**

To apply for this opportunity candidates must register with Workplace by Wednesday 18 January 2017. To be eligible, you must be a Newham resident, allowed to work in the UK and have recourse to public funds.

In addition to these roles, we also have a range of opportunities in different sectors ranging from finance and business services to construction.

Workplace, based in Stratford, is committed to helping Newham residents secure training, work experience and employment opportunities. Staff also offer advice on training and guidance about starting up a business.

To find out more information about this opportunity, how to register or any other opportunities available, please get in contact with us.

Tel: 020 3373 1101

Email: Workplace.EngagementTeam@newham.gov.uk

Web: www.newhamworkplace.co.uk

Workplace, 112-118 The Grove, Stratford, E15 1NS

workplace

Creating a better future

Why are we running Community Roadwatch?

Transport for London, the City of London Police, and the Metropolitan Police Service, are working together to reduce collisions on London's roads.

Research has shown that speed is often a contributory factor in road collisions.

Community Roadwatch is designed to support wider police activity, working with local communities to make people aware of the dangers of travelling too fast on London's roads.

Where does Community Roadwatch take place?

Community Roadwatch focuses on residential roads, and will be available in all London boroughs by 2016.

CITY OF LONDON POLICE

METROPOLITAN POLICE

TRANSPORT FOR LONDON

We are enrolling NOW!

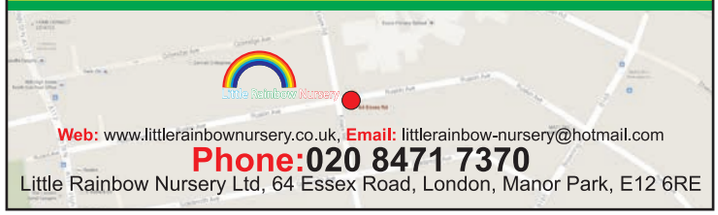
We are open all year round Monday – Friday 8am until 6pm offering spaces for children aged

6 months – 5 years.

We provide free childcare for children aged

2 – 5 years

through the government funded scheme & accept childcare vouchers.



Web: www.littlerainbownursery.co.uk, **Email:** littlerainbow-nursery@hotmail.com

Phone:020 8471 7370

Little Rainbow Nursery Ltd, 64 Essex Road, London, Manor Park, E12 6RE

Newham London

Rented property licensing proposals - **have your say**

Whether you are a private tenant or landlord, a local resident or business, Newham Council wants your views on proposals to bring in a new licensing scheme for landlords of privately rented properties after the current scheme expires.

The proposals aim to tackle anti-social behaviour and poor management of properties owned by landlords who do not operate in a professional way and fail to comply with the law.

It also aims to improve living standards for our residents.

For full proposal details and to respond to our questionnaire, please visit www.newham.gov.uk/licensingconsultation
The consultation closes on Monday 23 January 2017. All responses must be received by this date.

MoneyWorks: let us spread your festive costs

Christmas and the New Year can be an expensive time of year for families, no matter how financially secure they may be. For those who are on a tight budget, finding extra cash to pay for Christmas when faced with unexpected costs, can have a crippling effect on your finances.

Fortunately, Newham MoneyWorks can offer residents financial support without the extortionate fees that come with most payday lenders.

MoneyWorks, funded by Newham Council, offers an ethical and affordable alternative to high cost credit providers. Newham residents no longer have to rely on payday loans with unaffordable repayment terms that leave you in long term financial difficulty. If you are thinking of borrowing money, don't go to high cost payday lenders, visit MoneyWorks to secure a better deal.

Whether you're in need of emergency cash or help with everyday purchases, we have a range of fair financial products to improve your financial circumstance. Our products have affordable repayment terms and can help with everyday purchases as well as those important expensive one-off items. You can receive up to £1,500 with affordable repayment terms to help improve your financial circumstances. There is a quick approval process and depending on which loan you apply for, can receive a same day decision.

MoneyWorks will often lend to you when others will not. You must be a Newham resident, over 18 years old and have lived in the borough for at least two years to be eligible for our products.

Contact us for more information. Our team is on hand to help Monday to Friday from 9am-5pm.

NEWHAM MONEY WORKS
Securing you a better deal

Call 020 8430 2041
Email moneyworks@newham.gov.uk
Web www.newhammoneyworks.co.uk

MoneyWorks, Unit 61-62 Stratford Shopping Centre, E15 1XF

London Community Credit Union

26.8% APR representative. Newham MoneyWorks is a service provided by the London Borough of Newham. Newham MoneyWorks acts as a credit broker and not as a lender. All loans are subject to status and are provided by London Community Credit Union Limited, which is authorised and regulated by the Financial Conduct Authority. Services provided by MoneyWorks are not regulated by the Financial Conduct Authority.

Christmas lights herald in magic of special season

Christmas is almost here and residents are getting into the festive spirit now that the Christmas lights have been switched on across the borough.

Thousands of residents have joined Mayor Sir Robin Wales and councillors at switch on events at Canning Town, East Ham, Stratford, Forest Gate, Maryland, North Woolwich, Green Street Library, Plaistow and Beckton.

Others have enjoyed winter festivals and markets selling seasonal goods, all to the sound of live music and carols – performed by both adults and children alike.

> "I know it brings many of our residents together to enjoy what is a magical time for them and I was pleased to see so many of them come out and take part."

Residents of East Ham enjoyed a whole afternoon of festive fun on Saturday 26 November. The activities started off in the afternoon at East Ham Community Neighbourhood Centre with lantern making, maracas construction and candle decorating as well as a chance for children to write a letter to Santa.

At East Ham Market there was a chance to decorate your own bauble to be hung on the Christmas tree. A lantern parade made its way to Pilgrims Way where the crowds were entertained by choirs from Nelson Primary School, St Michael's Primary School and Chobham Academy as well as Theatre Royal Stratford East panto characters prior to the switch on. Councillor Ann Easter threw the switch with the help of excited local youngsters.

For those who were hungry, there were free mince pies, face painting and a Santa's grotto where children who had written a letter earlier at the library waited for a reply.

At Stratford on Saturday 3 December more than 700 excited families and children packed into the library all wanting to see Father Christmas and the lights switch on. Entertainment was provided by Iroko Theatre (drumming), Captain Fantastic (disco), choirs including Newham's Every Child a Musician programme, Ranelagh School and Stratford Circus, arts and crafts as well as beauty therapies by Newham College.

There was an opportunity for everyone to have their photos taken at a free photo booth. The local fire brigade and police gave valuable information to residents regarding fire safety and crime prevention. Newham's environment team promoted recycling, Stratford Original promoted local businesses and the Atherton Centre took the opportunity to promote healthy living and the Million Miles Challenge.

Rachel Saunders who attended the lights switch on said: "It was nice to see people come out in Stratford."

Neelima Patel who also attended the event said: "It was really nice. It was my first time and I enjoyed it."

At Manor Park Library, parents joined in to help children create festive decorations during a Christmas fayre. The highlight for many was the chance to see Santa Claus who was accompanied by Mrs Claus as they spoke to children next to the Christmas tree which had pride of place at the Romford Road library.

In Forest Gate, music and lights dominated the scene at the Woodgrange Market as shoppers browsed for Christmas presents and other festive goodies as they waited for the lights to be switched on.

> "I hope everyone has the chance to enjoy the Christmas lights that are adding a real sparkle to the winter nights."

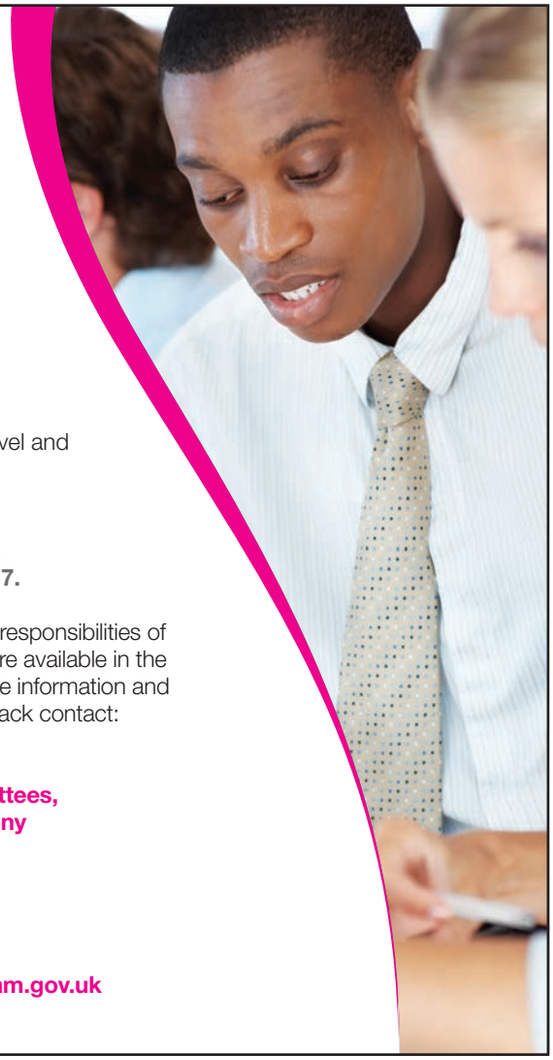
In Canning Town, Mayor Sir Robin Wales was joined by councillors Ann Easter and Clive Furness for an evening of music and lights as schoolchildren and musicians from the Every Child a Musician programme added their voices to a thoroughly festive event.

Sir Robin said: "The switching on of the Christmas lights is a focal point in the festive season for everyone. I know it brings many of our residents together to enjoy what is a magical time for them. I was pleased to see so many of them come out and take part. I hope everyone has the chance to enjoy the Christmas lights that are adding a real sparkle to the winter nights."

Clockwise from top left: singing in Canning Town; with Frozen's Anna and Elsa in East Ham; lighting candles in East Ham; snow in Stratford; with Newham's Every Child a Musician in Stratford; countdown to light switch-on in Forest Gate

Newham London

Independent Person required
London Borough of Newham



Newham Council is looking for independent, fair-minded people willing to become involved when a complaint is made about elected or co-opted Members of the Council.

The Localism Act provides that the Council must appoint at least one Independent Person to assist the Council in promoting and maintaining high standards of conduct among its Members.

Newham Council is looking to recruit one Independent Person plus a deputy to provide an important service to the Council and contribute to maintaining the high ethical governance standards of the authority.

The Independent Person will be consulted on the decision on whether to investigate a complaint about conduct. They will also be consulted before the Council makes a decision on a complaint which has been investigated. The Independent Person may be consulted on other standards matters, including the Member who is subject to an allegation.

The Independent Person will liaise, as necessary, with the Council's Monitoring Officer (in accordance with the Council arrangements for dealing with complaints of a breach of the Members' Code of Conduct) to consider complaints about Members and offer their impartial views on the matter, including any investigations undertaken.

The position is voluntary, however expenses for travel and subsistence will be paid.

The closing date for applications is 12 noon, Monday 16 January 2017.

Full details of the role and responsibilities of the Independent Person are available in the recruitment pack. For more information and to request a recruitment pack contact:

James B Martin,
Interim Head of Committees,
Partnerships and Scrutiny
4th Floor, West Wing,
Newham Dockside,
1000 Dockside Road,
London E16 2QU
t: 020 3373 3118
e: james.martin@newham.gov.uk

Is your child starting primary school in 2017?

Newham London

Applications deadline: 15 January 2017

For children born 1 September 2012 – 31 August 2013

Apply online, to apply on time.

- It's **safe** and **secure**
- Automatically get entered into the **prize draw** to get help in buying your child's uniform

www.newham.gov.uk/schooladmissions

020 8430 2000

Doing things online over Christmas

Many Newham Council services will be closed over some of the Christmas and New Year period but you can still keep in touch with us by doing things online.

You can access information and services at a time that suits you, 24 hours a day, seven days a week. Some requests however will need to be picked up in the New Year when council services resume.

Just some of the things you can do online are:

- Apply for resident and visitor parking permits
- Request bulky and green waste collections or new bins
- Report anti-social behaviour including abandoned vehicles and fly-tips
- Request new or replacement bins
- Pay rent, Council Tax and other bills
- View and bid for Choice Based Lettings properties
- Check your rent and Council Tax balances and statements
- Search for and renew library items

Book registration appointments online

For the first time you can also make an online booking for registration services. You can now book and pay online for the following:

- birth registration, re-registration and corrections
- death registration
- and giving notice of marriage.

You can also book appointments in connection with the nationality checking service and citizenship ceremonies.

In addition, you can benefit from the Joint Citizenship and Passport (JCAP) application service when applying to the nationality checking service. This means residents can apply for their passport at the same time as applying for naturalisation.

If your application for naturalisation is successful and you have your citizenship ceremony, we will inform the Passport Office who will then automatically issue you with your new UK passport.

The introduction of this new online booking system removes queuing times. You can select an appointment at a time and date that is convenient.

The Register Office will be closed from 24-29 December and 1-2 January 2017.

For registration appointments visit: www.newham.gov.uk/registeroffice

For online services visit: www.newham.gov.uk/doitonline

Lifelong Learning 2017

Part-Time Courses

in Newham starting January 2017

Newham Adult Learning Service is offering hundreds of part-time adult learning courses at specialist venues across Newham starting week beginning 9 January 2017.

Subjects on offer include:

- Arts & Crafts
- Cake Baking & Decorating
- Childcare
- Dressmaking
- English & Maths
- ESOL
- Fitness & Yoga
- Hair & Beauty
- ICT
- Languages
- Music & Dance
- Skills for Life & Work

and many many more!

For full course availability go to www.newhamadultlearning.co.uk/part-time-courses.html or contact your local Adult Learning Service Area Office

Enrolment at most centres starts on Tuesday 3 January 2017, please check with centre.

Skills for Life

Newham London

ESOL

(English for Speakers of Other Languages)

We offer classes from Pre-Entry ESOL to Level 1 ESOL to help you learn and improve your spoken English language from complete beginners to confident speakers.

All our courses embed English, Maths and soft skills development. We offer unit certificates for the Gateway Qualifications Entry Level Award in English for Reading, Speaking & Listening and Writing at Entry 1, Entry 2 and Entry 3. We also offer unit certificates for the Gateway Qualifications Level 1 Award in English for Reading, Speaking & Listening and Writing.

For complete beginners we run specialised classes for those who need help starting to read and write.

For information about ESOL contact the ESOL team on 020 3373 0755.

General Information

- ***The above courses are run by Newham Adult Learning Service (NALS), part of the London Borough of Newham and the Associate Faculty of Newham College.***
- ***All ESOL, English and Maths courses are free for everyone.***
- ***To enrol on an ESOL, English or Maths course you will be assessed at one of our centres listed below. Once you have been assessed, we will offer you a place on an appropriate course where the teacher will discuss and plan with you what skills you would like to work on.***
- ***All ESOL, English and Maths courses are part-time with a variety of lesson times available morning, afternoon and evening. Courses are normally 12 weeks long unless stated otherwise.***

Basic Skills

If you need to learn or brush-up your Basic Skills such as Reading, Writing or Maths, then these are the courses for you.

To help you get a job, we offer a range of courses in English & Maths, from Entry Level qualifications, a Level 1 Certificate, Level 2 Functional Skills or through to GCSE, where we encourage independent study through both a Book and Film Club.

Placing you at the heart of learning, we tailor courses to suit your learning needs and so that you achieve the very best possible.

For those with learning difficulties such as dyslexia, we can offer additional support.

For information about English and Maths contact the Basic Skills team on 020 3373 8254.

Newham Adult Learning Service Area Offices

North East Area Office:
Little Ilford, Manor Park & Green Street Area
020 8522 5770

South East Area Office:
Beckton & North Woolwich Area
020 3373 4030 / 4040

North West Area Office:
Forest Gate & Stratford Area
020 8257 4680

South West Area Office:
Canning Town, Plaistow & Custom House Area
020 3373 1290

Newham in pictures

1 Brush strokes. A young painter finds her creative side at Sheringham Nursery School and Children's Centre in Sheringham Avenue, Manor Park, E12. **2** Give it a whirl. Residents enjoy a dance during a Christmas lunch at the Old Town Hall in Stratford, E15. **3** Youngsters prepare decorations for Christmas at Manor Park Library in Romford Road, E12. **4** GB Taekwondo 2016 Rio Silver Medallist Lutalo Muhammed met pupils at Little Ilford School in Browning Road, Manor Park, E12, as part of the Every Child a Sports Person programme. **5** A dancer gives a pointed performance at a community celebration held at the Trinity Centre in East Ham, E6.

Accessing key services **at Christmas and New Year**

During the Christmas and New Year break most council services will be closed, but you can still contact us. Make sure you're prepared by finding out what services are changing and how you can access them.

Do it Online

You can see a list of service requests you can make online on page 17.

You can also search for jobs, or contact Mayor Sir Robin Wales and councillors, 24 hours a day, seven days a week, at **www.newham.gov.uk/doitonline**

Christmas and New Year opening hours

Contact Centre

A reduced service will operate: 24 December, 9am -6pm; Closed on 25, 26, and 27 December; a limited service (emergency calls only) will operate 28, 29, 30, December, 9am to 6pm; 31 December, 1 and 2 January, closed.

East Ham Customer Service Centre, E6

East Ham Customer Service Centre in Barking Road, E6, will close at 5pm on 24 December and re-open on 3 January.

Libraries and community centres

All libraries and community centres close at 5pm on 24 December and re-open normally from 3 January.

Workplace and MoneyWorks

Both Workplace and MoneyWorks close at 5pm on Friday 23 December and re-open on 3 January.

Markets

Queens Market, E13: Closed 25, 26, 27, 28 December, 1 January. Open on one extra day, 21 December, 9am-6pm. Will close at 5pm on 24, 31 December.

Stratford Indoor Market, E15: 25 December; closed; 26, 27 December, 10am-4pm; 1 January, closed; 2 January, 10am-4pm. Open extra day, 18 December, 10am-4pm.

Stratford Outdoor Market, E15: 25, 26 December, closed; 27 December, 10am-4pm; 1 January, closed. Open extra day, 19 December, 9am -6pm.

The Grove Market, E15: 25, 26 December, closed; 27 December, 10am-4pm; 1 January, closed. Open extra day, 19 December, 9am-6pm.

Pilgrim's Way Market, E6: 25, 26 December, closed; 27 December, 10am-4pm; 1 January, closed. Open extra day, 19 December, 9am-6pm.

Emergency burial service

If you require an emergency burial form during the festive period call **07801 244805**, 9am-4pm on 25, 26, 27, 28, 29 and 31 December and 1 January. The service operates as normal on 30 December.

West Ham Cemetery, E7

Cemetery office is closed from 23 December to 2 January. Grounds are open on 24 December, 10am-3pm; 25, 26 December, 10am-1pm; 27, 28, 29, 30, 31 December, 10am-3pm; 1 January, 10am-1pm; 2 January, 10am-3pm.

Leisure Centres

Atherton Leisure Centre, E15: 24 December, 8am-4pm; 25, 26 December, closed; 27, 28, 29, 30 December, 8am-5pm; 31 December, 8am-4pm; 1 January, closed; 2 January, 8am-5pm.

East Ham Leisure Centre, E6: closed 19 December to 2 January; open as normal from 3 January. During the closure, a series of improvements will be carried out to deliver state-of-the-art facilities.

Newham Leisure Centre, E13: 24 December, 6.30am-3pm; 25, 26 December, closed; 27, 28, 29, 30, 31 December, 6.30am-3pm; 1 January, closed; 2 January, 8am-5pm.

Balaam Leisure Centre, E13: 24 December, 9am-1pm; 25, 26 December, closed; 27, 28, 29, 30 December, 9am-5pm; 31 December, 9am-1pm; 1 January, closed; 2 January, 9am-5pm.

Manor Park Fitness Centre, E12: 24 December, 6.30am-8pm; 25 December, closed; 26, 27 December, 8am-8pm; 28, 29, 30 December 6.30am-10.30pm; 31 December, 6.30am-8pm; 1, 2 January, 8am-8pm.

activeNewham Customer Service Centre: 24 December, 7am-3pm; 25, 26 December, closed; 27, 28, 29, 30 December, 8am-5pm; 31 December, 8am-3pm; 1 January, closed; 2 January, 8am-5pm.

For more details visit
www.newham.gov.uk/Christmas

funded by
Newham London

workplace
Creating a better future

Are you a Newham resident looking for work?

Workplace are recruiting up to 500 summer jobs at the Royal Household.
Register with us by Wednesday 18 January 2017 to apply.

020 3373 1101 www.newhamworkplace.co.uk Workplace.EngagementTeam@newham.gov.uk

funded by
Newham London

NEWHAM MONEY WORKS
Securing you a better deal

Let us help you spread the cost of Christmas

Affordable loans

Smart spending

London Community Credit Union

020 8430 2041
www.newhammoneyworks.co.uk
Unit 61-62, Stratford Centre, E15 1XF

Mayor of Newham

You can recycle even more this Christmas

Over the festive period, we all tend to generate extra waste but that means there is also more that we can recycle. It's important that we all do our bit to make a difference to our environment so to help you recycle even more this year, we are offering free rolls of orange recycling bags to residents.

New Deal For Newham

Any extra wrapping paper, cardboard, tins, cans and plastic bottles can be put into these bags, before you tie them up and leave them out next to your orange-lid recycling bin. You can pick up orange recycling bags from you local library.

Here are some handy tips to help you recycle over the festive season:

Trees

If you choose a real Christmas tree, book a free garden waste collection in the new year. Remove lights and decorations first and visit **www.newham.gov.uk/greenwaste** for details.

Food

Visit **www.LoveFoodHateWaste.com** for tips on avoiding food waste and what to do with left overs. You can also compost some of your food waste at home. Visit **www.newham.getcomposting.com** for details.

Cards, newspaper, wrapping paper and boxes

You can recycle Christmas cards, envelopes, newspaper, paper and cardboard packaging.

Christmas tree lights

If they've had their day, don't bin them. These and other small electrical items are accepted at reuse and recycling centres. Visit **www.newham.gov.uk/reuse**

Gifts

Don't throw any unwanted gifts away, donate them to a local charity. Deodorant canisters and hand and body wash plastic bottles you may have received as gifts can be recycled once used.

Batteries

Many toys require batteries. Take used ones to a reuse and recycling centre or local supermarket.

Partying

If you're having a Christmas or New Year's party make sure the fun doesn't go to waste by recycling your aluminium cans and food packaging.

Visit www.newham.gov.uk/recycling

Newham London

Dumping rubbish is a crime!

You could be fined or imprisoned.

Keep Newham Clean

www.newham.gov.uk/flytipping

Newham London

Christmas and New Year revised collection dates

Collection date	Revised collection date
Monday 26 December	Wednesday 28 December
Tuesday 27 December	Thursday 29 December
Wednesday 28 December	Friday 30 December
Thursday 29 December	Saturday 31 December
Friday 30 December	Tuesday 3 January
Monday 2 January	Wednesday 4 January
Tuesday 3 January	Thursday 5 January
Wednesday 4 January	Friday 6 January
Thursday 5 January	Saturday 7 January
Friday 6 January	Monday 9 January

To check recycling collection dates for your area please visit **www.newham.gov.uk/myneighbourhood** and enter your postcode into the search.

recycle

Have a jolly and a safe Christmas

Everyone hopes to have a happy time – enjoying parties at Christmas and the New Year but a little bit of thinking ahead could make all the difference between having an unforgettable time and one that you would rather forget.

Here is a series of tips to hep you get the best of your nights out:

> Before you leave, make sure you have a plan for getting home safely. Find the nearest public transport to your event and check departure times for the last train or bus.

> Have the number of a reputable taxi company saved on your phone and book ahead. Plan to share the cab with a colleague or friend who lives nearby.

> Book a party somewhere that serves meals or snacks, or make sure you eat before you go out. Having a soft drink or water between alcoholic drinks will slow down your rate of drinking. NHS guidelines state that, to keep alcohol risks to a low level, men and women should not drink more than 14 units per week, which is six pints of 4% beer or six glasses of wine (175ml). If you drink as much as 14 units per week, spread your drinking over three days or more.

> Before you leave home, switch off your Christmas tree lights. Use timer switches to give the impression that someone is at home. Don't display presents in windows where they can be easily seen from outside. Set your burglar alarm if you have one.

> If you are travelling some distance to see family or friends, check your vehicle's tyres and pressure. Tread depth should be at least 1.6mm – the legal limit. Use an accurate gauge to confirm tyres are at the manufacturer's recommended pressure. Remove all valuables from your car and park under or near street lighting or in a secure car park.

> Keep your wallets and handbags safe and avoid carrying large amounts of cash with you. Be aware of who is around you when you are using your phone.

> Property mark gifts that you receive and be discreet in disposing of any boxes that may have contained expensive items.

If you think you might be drinking too much you can take a free two-minute test at www.dontbottleitup.org.uk. Or to speak to someone about your drinking contact Change, Grow, Live via email at newham.referrals@cgl.org.uk or call 0800 652 3879.

They don't get away with it

Tackling fly-tipping, littering and anti-social behaviour is a priority for Newham Council and we work hard to ensure that our streets are clean and safe.

Fly-tipping has a negative effect on our quality of life and it is no longer enough to just remove the mess once it has been reported to us.

We will not hesitate to prosecute those responsible for dirtying our borough and are taking strong action against them. If you are fly-tipping, we will catch you.

We don't need to catch you in the act to enforce the £400 penalty. Our fly-tip enforcement officers investigate dumped rubbish to identify the owner.

Part of our New Deal for residents is action against those who engage in anti-social behaviour. In the most recent round of appearances at court, ten people were prosecuted and convicted of urinating, spitting and littering. They were each fined from £180 to £260.

Since May, when the £400 fixed penalty notice was introduced, 135 have been issued.

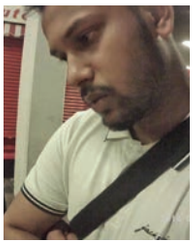
The photographs on this page show people we want to question about anti-social behaviour offences. If you recognise anyone, please call **020 3373 4479** and quote the reference number beside the image.

To the people pictured here, our message is simple – we will use every power at our disposal to track you down and prosecute, including publishing a photograph of you if we need to establish your identity. Contact us now and maybe you will be able to avoid prosecution.

Ref: 90032515

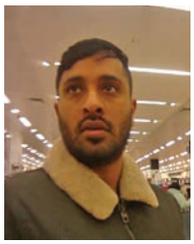
Ref: 90032516

Ref: 90032519



Ref: 90032555

Ref: 90035428



Ref: 90035433

Ref: 90035538

Ref: 90035561

New Deal For Newham

Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- **you will not be required to provide your name**
- **you will not be required to leave your contact details**
- **you will not have to make a statement.**

Don't put up with rubbish. Don't drop it and if you see it, report it. To get it cleared up, report it online at www.newham.gov.uk/MyNewham or download the Love Newham app by visiting www.newham.gov.uk/lovenewham

Call 020 3373 4479 and quote the reference number underneath the image.

CAUGHT ON CAMERA

Be a wise Christmas shopper

Shopping for presents for family and friends is a huge part of Christmas – indeed the festive season is probably the busiest for retailers with British shoppers expected to spend billions this year.

The way we are shopping is also changing as more and more of us browse on mobiles and shop on the go.

To make sure you don't get stung, here is a list of top tips to help you become a savvy shopper, whether you do it online or in store:

- **When buying online make sure you use a secure site. Never send payment or bank details by email**
- **Ask about the returns policy and always keep the receipt in case the present proves unsuitable**
- **Pay for gifts over £100 using a credit card as the credit provider and the seller have the same liability to you if the goods are faulty**
- **Don't buy brand goods from unknown websites – you risk buying counterfeit. The quality could be shoddy and the goods worthless or dangerous**
- **Be wary of traders who have a PO Box as their contact address and of Christmas shops that pop-up as they often disappear with no-one left to contact**
- **Newham Trading Standards are carrying out checks for unsafe goods including toys at the moment in Newham**
- **For more tips on shopping safely visit www.getsafeonline/christmas2016**

Councillor Councillor Ian Corbett, mayoral adviser for environment and leisure, said: "All of us know the joy of shopping for presents for family and friends but using a little bit of common sense and following some simple tips may help to avoid the pitfalls of Christmas shopping. So remember, if you see a deal that looks too good to be true, then it probably is just that."

> "If you see a deal that looks too good to be true, then it probably is just that."

If you want to make a complaint against a business you have purchased from call the Citizens Advice Bureaux advice line on **03454 04 05 06** or contact Kari Aslam at Newham Trading Standards on **020 3373 0802**.

Our Trading Standards will be able to help and are currently carrying out checks for unsafe goods.

DIVE INTO A SWIMATHON AND HELP HOSPICE

Children's hospice Richard House is hoping residents will sign up to take part in a swimming challenge to help raise vital funds.

The hospice, which is based in Beckton, plans to run a swimathon on Friday 20 January at the London Aquatics Centre at Queen Elizabeth Olympic Park, Stratford.

You can kick–off the new year the healthy way and take on a swimming challenge in the 2012 Games pool on your own or as part of a team. All proceeds will go towards the hospice which supports children and young adults with life-limiting conditions from the area when they need it most. The hospice relies on donations and funds raised by volunteers.

Participants from local schools, community groups and businesses will swim a distance of 1.5k, 2.5k or 5k, either individually or as a relay team.

To get involved visit www.richardhouse.org.uk/swimathon or call **020 7540 0230** or email **rachelg@richardhouse.org.uk**

Learning science with a little help from TV star Brian Cox

Children had a science lesson they are unlikely to forget because it was conducted by physicist and TV astronomer Professor Brian Cox.

The celebrity scientist was visiting Britannia Village Primary School in West Silvertown to film a science lesson during a visit organised as part of a collaboration with the Royal Society to capture a science experiment for a teaching resource.

The visit was filmed by the BBC and featured Brian discussing an experiment to filter water with the children and their teacher Sophie Donovan, science leader at the school. She said: "They were very enthused by his visit and had a lot of questions about him. They were particularly interested in his job and how he achieved his success."

Britannia Village is an associate school with the Royal Society, an organisation that promotes science and its benefits. It is part of a UK network of enthusiastic teachers and staff who share their experience and work to develop scientific expertise and promote excellence in science and mathematics teaching.

Professor Brian Cox with the excited pupils

RUGBY CLUB BACKS CAMPAIGN AGAINST HOMOPHOBIA

East London Rugby Club have supported the Stonewall charity's Rainbow Laces campaign against homophobia in sport.

Players at the Memorial Ground in Holland Road, West Ham, including East London Ladies, wore coloured laces in their boots during matches. The campaign was also supported by Premier League footballers and Premiership Rugby Clubs across the country.

East London's Director of Rugby Matthew Pilkington said: "We were proud to support Stonewall and the Rainbow Laces campaign. The lesbian, gay, bisexual and transgender community is an important part of our rugby family and the wider Newham community. Rugby's core values of respect, teamwork and sportsmanship resonate with what is at the heart of the campaign. We are committed to ensuring that East London Rugby Club is an inclusive and welcoming place for all."

East London share their facilities at the Memorial Ground with Kings Cross Steelers Rugby Club, the world's first gay inclusive rugby team.

Eoin Kelly, Joe Kelly, and Chris Hodgson

The panto staff

Panto brings Christmas sparkle to hospital

Young patients at Newham University Hospital were treated to an early dose of Christmas sparkle, songs and laughter when a pantomime visited.

Starlight Children's Foundation's pantomime 'Dick Whittington and His Cat', produced by The Panto Company, had children laughing, cheering and singing as the four actors performed.

Hamera Elahi, play worker on the Rainbow Ward at the Plaistow hospital, run by Barts Health NHS Trust, said: "We were lucky to have Starlight's Christmas pantomime visit last week; all the children got out of their beds, had a lot of fun and enjoyed the show very much. Parents and staff also watched and it made everyone on the ward happy."

Starlight is a national charity that grants once-in-a-lifetime wishes for seriously and terminally ill children and provides entertainment in hospitals and hospices across the UK. It's Christmas pantomime popped by the hospital during an eight-week tour that will include visits to children's wards throughout the country.

Young help others to have a happy Christmas

Young volunteers gave up their free time to encourage shoppers to donate food for food banks over Christmas.

Children from St Stephen's Primary School in Upton Park worked with Tesco after staff at the supermarket approached Newham Council's Green Street Community Neighbourhood team to collect food to donate to the needy through food banks. The neighbourhood team approached local schools to ask if they wanted to get involved.

Soup, teabags, sugar, biscuits, rice, pasta and tinned fruit were donated by customers to the pupils who ensured that the right items were collected and were safely delivered. Some customers donated money and the children from the school went around the store and selected groceries.

A customer who donated a trolley full of food said the food bank had helped her last year and was sure it would aid others this year.

Maddassar Arif, from Green Street community neighbourhood, said: "It was really good to see young people engaging with our older residents."

Volunteers with donated food

Kids' Corner

PLEASE SEND OR EMAIL YOUR DRAWINGS, JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
or newham.mag@newham.gov.uk

Don't forget to add your full name, age, address and contact number with your entry. We cannot return any entries.

Gallery

Aditya Srivastava, 6

Malaika Shahzad, 8

Inthu Periakaruppan, 8

Ayma Ageel, 5

Win free membership at Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this prize send or email your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU or newham.mag@newham.gov.uk**. Don't forget to write your full name, age, address and contact telephone number with your entry. **Good luck!** Visit **www.picturehouses.co.uk** to see what's on.

Stratford Picturehouse, Theatre Square, E15

Colour-me-in Wordsearch

H	E	D	G	H	N	O	E	G	I	P	O	D	I	M	S	N	E	T	T
S	U	E	R	L	T	O	G	S	C	H	R	I	S	T	M	A	S	L	S
K	S	C	B	L	E	S	S	I	S	O	I	A	A	P	R	A	E	E	W
C	M	O	M	E	P	O	T	E	N	T	L	R	S	P	N	R	R	O	O
F	I	R	M	I	A	T	P	I	O	T	S	T	N	T	K	O	R	A	B
T	F	A	S	T	N	R	R	T	B	U	A	E	A	C	N	S	J	B	L
O	T	T	A	C	E	G	D	H	B	R	T	C	M	F	T	E	O	D	L
E	O	I	G	S	L	M	B	I	I	N	L	D	R	U	H	O	L	H	A
S	L	O	E	H	C	A	R	I	R	A	R	G	A	A	T	I	E	N	W
A	R	N	C	O	F	R	U	C	U	T	S	E	T	S	A	S	D	A	S
H	T	S	H	U	L	G	E	S	L	I	P	P	E	R	S	K	O	O	B
S	D	S	D	H	C	N	I	F	J	E	T	S	Q	S	A	L	A	C	E

Beard
Boots
Bows
Christmas
Costume
Decorations
Mrs Claus
Presents
Ribbons
Santa Claus
Slippers
Stars

Jokes

What's white and goes up?
A confused snowflake.

Where do elves go to dance?
Christmas balls.

What do monkeys sing at Christmas?
Jungle bells, jungle bells

What do you call an old snowman?
Water

Where do snowmen keep their money?
In a snow bank

What did Mrs Claus say to Santa Claus when she saw the clouds?
It looks like rain, dear

What does Santa do with fat elves?
He sends them to an Elf farm

Why are Christmas trees so bad at sewing?
Because they are always dropping their needles.

WHAT'S ON?

Download our What's On app at www.newham.gov.uk/neighbourhoodevents

OUR THRILLING THREE...

1. **Winter Term Break Activities** – Family fun for children of all ages with raffle, dancing, Wii games, indoor bowling, arts and crafts. For more information, call Green Street Library: 020 3373 0857. 20-23 December, Green Street Library, Green Street, E13

2. **Stargazing in the park** – Learn the basics of stargazing and how to find constellations and planets visible from West Ham Park. Wednesday, 4 January, 5.30-7pm, West Ham Park, Upton Lane, E7 9PU

3. **Christmas Book Sale** – Enjoy hot drinks while choosing discounted books. All ages welcome. 14 to 17 December, all day. Plaistow Library, North Street, E13

A CHRISTMAS CAROL

Join in for a very special production of the classic story for the whole family to enjoy, performed by the Open Book Theatre Company. Wednesday, 21 December, 3pm, East Ham Library, 328 Barking Road, E6. Friday 23 December, 11am, Plaistow Library, North Street, E13.

TRY SOMETHING NEW... BOLLYWOOD FIT DANCE CLASS

A chance to get fit the Bollywood way with regular dance classes. Thursdays, 2-3pm, Field Community Centre, 147 Station Road, E7. For residents aged over 18.

Indicates free sessions

Libraries unless stated.

UNDER-FIVES

Toy Library
Introducing toddlers to borrowing toys. Thurs, 11am-12pm, Beckton

Storytelling
Mon, 11-11.45am, Tues, 10.30-11.30am, Beckton; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, East Ham; Tues, 11am-12pm, Fri, 11am-12pm, Stratford; Fri, 10.30-11.30am, Manor Park; Tues, 10.30-11.30am, The Gate; Sat, 11.30am-12.30pm, Green St

Stay and Play
Support for parents and carers to develop their child through play. Tues, 9.30-11.30am, Jeyes C.C; Every second and fourth Fri, 1.30-2.30pm, Sat, 12-1pm, Green St

Jiggaree Session
Fri, 10-11am, Jeyes C.C.

Reading Together
Thurs, 2.30-3pm, Custom House

Bumps and Babies
Fri, 2-4pm, The Gate

Active Tots
Games and activities. Thurs, 1-2pm, Stratford

Baby Massage
Five-week course. Register at Rebecca Cheetham Children's Centre on 020 8534 3136 Weds, 1-2pm, Stratford

Toddler and Parent Dance
For carers and children under six to dance to cartoons and videos. Mon, 2.10-3pm, Fri, 3.30-4.20pm, Green St

Music and Movement
For children and parents or carers to get active using different types of dance and instruments. Mon, 1.30-2.30pm, Stratford

Sensory Storytelling
Second and Fourth Fri of month, 1-2pm, Green St

YOUNG PEOPLE

Games Club (7-16yrs)
Sony PS3, XBox360, Nintendo Wii, board games and more. Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town

Young Readers Club (7-12yrs)
Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

East Ham Youth Zone
Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

Froud Young Project (7-16yrs) Mon, 3.30-5.30pm, Jack Cornwell C.C

Arts and Craft Workshop (6-12yrs) Mon, 4-5pm, Beckton; Sat 2-3pm, Canning Town; Sat, 2.3pm, Custom House; Sat, 1-2pm, Tues, 4-5pm, Green St; Thurs, 6-7.30pm, Manor Park; Sat, 2-3pm, North Woolwich; Tues, 3.30-5pm, Plaistow

Just Dance! (up to 12yrs)
Sat, 5.30-6.30pm, Green St

Family Fun Night
Arts, crafts, games and quizzes. Weds, 5.30-7.30pm, East Ham

East Ham IT Youth Zone
Support in using IT for homework and fun. Mon, 4-7pm, East Ham

Family Movie Club
Sat, 4-5.30pm, Mon, 4-5.30pm, Green St (up to 12yrs); Sat, 2-4pm, Plaistow; Sat, 17 Dec, 5.30-7.30pm, Sat, 24 Dec, 2-4pm, East Ham

Board Games Club (7-13yrs)
Sat, 11am-12pm, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

Young People's Positive Activities (9-19yrs) Weds, Fri, 7-9pm, Harold Road Centre

Time-2-Craft (16yrs+)
Various handicrafts. Sat, 10am-12pm, Stratford

Children's Movie Club (5yrs+) Thurs, 4-7pm, North Woolwich; Sat, 4-6pm, Manor Park; Tues, Sat, 4.30-6.30pm, Beckton; Fri, 4-6pm, The Gate

East Ham Performing Arts
Fri, 6.30-7:30pm, East Ham

Crafty Challenges
Fri, 5.30-6.15pm, East Ham

Table Tennis Mondays
Meet new people and try your hand at table tennis. Mon, 4-7.30pm (children), The Gate

Lego Club
Create Lego models based on weekly themes, Sat, 3-4pm, The Gate.

Wii games and karaoke
For entire family, 3-13yrs, with parents. Weds, 3.30-5pm (Wii games)

Science Club
Carry out interactive experiments, watch demos and record results. Thurs, 4-5pm, The Gate

Gymnastics Classes
For boys and girls at Talent Central Cheer and Dance, Unit 27A, Gallions Reach Shopping Centre, E6. Tues and Thurs, Age 3+, 9.45-10.45am, 2pm-3pm; Weds, home school, 9.45-10.45am; Fri, mothers and babies, 10-10.45am. Call 0742 815 4301 to book.

Family Fun Night
Fun for whole family with arts and crafts to games. Weds, 5.30-7.30pm, East Ham

Winter Party
Celebrate with us with, fun bingo, karaoke, face painting and party games. Weds, 21 Dec, 4-7pm, Green St

Tae Kwando Club
Contact khanqukblackbelt@yahoo.co.uk or call 07984 684 805 for more info. Fri, 6.45-7.45pm, Green St.

The Chill Spot (11-19yrs)
Exciting youth initiative to bridge gap in after school provision. Activities include table tennis, discussions, creative workshops. Mon, Weds, 3-6pm, Stratford.

ACTIVITIES AND SUPPORT

Afternoon Tea
Weds, 4-5.30pm, Canning Town

Chess Club
Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Thurs, 5.30-7.30pm, Stratford; Tues, 1-2pm (adults), 5.30-7.30pm (children), The Gate; Thurs, 5-7pm, Custom House; Weds, 3.30-5pm, Jeyes C.C.; Weds, 5-7pm, Canning Town (age 7+)

Coffee Mornings
Tues, 11.30am-1pm, Beckton; Mon, 11am-12.30pm, North Woolwich; Thurs, 10.45am-12pm, Canning Town; Tues, 11am-12.30pm, Custom House; 2nd Tues of month, 10.30am-12pm, Manor Park; Weds, 21 Dec, 10am-12pm, East Ham; Fri, 11am-12pm, Green St

Do It Online (18yrs+)
Computer classes. Weds, 2-3.30pm, Beckton; Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, 2-3.30pm, North Woolwich; Thurs, 1.15-2.15pm, Custom House; Tues, Thurs, 11am-1pm, Green St; Weds, 10am-12pm, Plaistow

Knit & Natter (16yrs+)
Fri, 10.45am-12pm. Canning Town; Weds, 10.30am-12pm, Beckton; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, East Ham; Weds, 10.30am-12.30pm, Green St; Fri, 10am-12pm, Plaistow

ICT Surgery IT advice for all ages. Fri, 2-4pm, Canning Town

ICT Drop-in Session
Set up a My Newham profile and create an email account. Fri, 11-1pm, The Gate; Mon, Weds, Sat, 9.30-11am, Stratford

Deafroots Deaf Club
Quizzes and refreshments. New members £2, existing members £1. Contact angel@deafroots.org.uk or text 07985 242778. Mon, 1.30-3.30pm, Stratford

Life in the UK Classes
Support for people taking the life in the UK test and B1. Call 0208 542 3904. Tues, 10am-12pm, Beckton; Fri, 12.30- 2.30pm, Green St; Weds, 10am-12pm, East Ham; Tues, 12.30-2.30pm, Stratford; Weds, 12.30-2.30pm, Fri, 10am-12pm, Plaistow

ESOL for Beginners
For adults seeking to improve their English. Mon, Fri, 9.30am-11.30am, Field C.C; Tues, 9.30-11.30am, Weds, 9.30-11.30am, Jack Cornwell C.C

Ballroom Dancing (18yrs+)
Tues, 2-3pm, Beckton C.C; Thurs, 2.30-4pm, Field C.C

Citizens Advice Sessions
Sessions on money management. 1st Mon of month, 11am-1pm, Manor Park

Basic Computer Skills
Fri, 10.30am-12.30pm, Manor Park

My Newham Workshop
Register with My Newham and access council services. Tues, 6-7.30pm, Manor Park; Mon, 11.30am-12.30pm,

English Conversation Club Practise spoken English. Tues, 10.30-11.30am, Beckton; Mon, 6-7.30pm, Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm. Rabbits Rd Institute; Sat, 10am-12pm, Stratford; Mon, 10-11am, Jeyes C.C; Mon, 10-11am, Plaistow

Stratford London Toastmasters Public speaking club. First and third Mon of month, 6-8pm, Stratford

Docklands Drop-In Group
Weds, 1-3pm, Beckton C.C.

Model Train Workshop
Mon, 12.30-3.30pm, North Woolwich

Basic English for Beginners Mon, Weds and Thurs, 10.30-11.30am, Green St

Poetry Group (16+) Weds, Sat 11am-1pm, Stratford. Email sonesquin@hotmail.com

Creative Writing Course (16yrs+) Register at 020 8257 4680. Fee applies. Thurs, 6.30-7.30pm, Canning Town

International Lunch Club £3 per meal. Mon, 12pm, Beckton C.C

Dominoes Sat, 2.30-7pm, Beckton

Memory Lane Café For people with dementia and their carers. Third Weds of month, 12-3pm, Jack Cornwell C. C.

Hatha Yoga (18yrs+) Bring your own mat. £3. Fri, 10.45am-12.15pm, Jack Cornwell C.C

Table Tennis Mondays Mon, 11am-4pm, The Gate

Board Games for Adults (18+) Carrom Board, chess and other board games for adults. Thurs, 5.30-7.30pm, The Gate

Triple P Positive Parenting Programme For parents of children aged 18 months to 12 years-old. Advance booking needed. Call 020 3373 7478 for more info. Weds, 5.30-7.30pm, East Ham

Time for Technology Fri, 2-3.30pm, The Gate

Reed Employment Advisor In partnership with Reed for Interview skills, CV help from a specialist employment and education advisor. Contact 07813 454261 to book appointment or email asim.khan@reed.co.uk Green St

Step Forward with Casa Lusa Advice, information, guidance and 1-2-1 support, training and employment, health and wellbeing. Mon – Weds, 10am- 2pm at Durning Hall, Forest Gate. Email: casalusa.london@gmail.com or call 07497945681

Christmas Coffee Morning Join us for some festive fun, with special festive treats. Weds, 21 Dec, 11am-1pm, East Ham

Christmas Holiday Fun Seasonal crafts for the whole family. Weds, 21 Dec to Sat, 24 Dec, 2-4pm, East Ham

COMMUNITY ACTIVITIES

Mums2be Meetup Information and support for expectant parents. Third Sat of every month, 10-11am. Email newham@nct.org.uk

Mums, Bumps and Babies Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

Newham Super Choir Tues, 10.30am-12pm, Beckton C.C

ManorFam Brings families together to make friends. Mon, 10.30am-12.30pm, Manor Park

Singing for Health Tues, 2pm, Jack Cornwell C. C

BOXING AND SELF DEFENCE

Boxing (Newham College) Mon, 5-6pm, East Ham College, High St South, E6

Fight For Peace Boxing Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Boxing and Self Defence Tues, 5-6pm (16+), 4-5pm (6-11yrs), Jack Cornwell C.C

West Ham Boys ABC Mon, Weds, Fri, mixed (8-16yrs), 5-6pm, Sat, boys (6-11yrs), 10-11am, girls (7-16yrs), 11am-12pm, £2. 2 London Rd, E13. Call 020 8472 3614

Martial Arts (7-12yrs) £2. Tues, 6.45-7.45pm, Thurs 4.45-5.45pm, Beckton

Martial Arts Learn new skills, self defence. Adults, £3. Thurs, 6-7pm, Beckton Globe; Sat, 2-4pm, Beckton C.C.

HEALTH AND FITNESS

Salsa Dancing (18yrs+) Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C

Nordic Walking Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.

Tai Chi Class Fri, 10-11am, Beckton C.C. Fri, 11am-12pm, The Gate. Fri, 5-6pm, Beckton Globe; Fri, 11am-12pm, Forest Gate; Thurs, 6-7pm, East Ham

Yoga £5. Thurs, 6.30-7.30am, Grassroots; Free. Mon, 6-7.30pm, Beckton; £1. Weds, 6-7.30pm, East Ham; Thurs, 6.15-7.45pm, The Gate; £1. Sat, 10am-12pm, Plaistow; Mon, Tues, 6-7.30pm, Green Street; Thurs, 6.15-7.45pm, The Gate

Tone-Tastic (18+yrs) Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C

Aerobics Tues, 9.30-10.30am, Jack Cornwell C.C £2

Keep Fit to Salsa (18+) Sat, 2.30-5pm, The Gate

Walking Group Meet at the library. Sat, 10am-11am, Plaistow

Stroke Club (18+) For men and women living with the effects of stroke. Weds, 2-5pm, Katherine Road C.C; Fri, 1.30-3.30pm, Jack Cornwell C.C.

Relaxation & Yoga Weds, 1.30pm-2.45pm, Well Community Centre, Vicarage Lane, East Ham.

Zumba classes London Tamil Sangam Centre, 369 High St North. Thurs, 7-8pm, £5 per class. Call 07720 805505

Tai Chi in the park (18+ yrs) Chance to get out and get fit. Meet at Magpie Lodge (corner of Forest Lane and Magpie Close). Mondays, 11am-12pm, Forest Lane Park, Forest Lane, E7

50+ ACTIVITIES

Bingo (50+yrs) Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C

ICCAN Faith based group with cultural activities. Fri, 12-2pm, Jeyes C.C

Active Centre 50+ Group Weds, 12-4pm, Field C.C; Mon, Weds, Fri, 1.30-4pm, Beckton C.C.

Dominoes Group Fri, 5-9pm, Field C.C

Chair Based Yoga Tues, 12.30-1.30pm, Manor Park

Forever Young Enjoy community activities and make new friends. Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Field C.C.

Happy Living Club Indoor and outdoor activities. Tues, Weds, 1.30-5.30pm, Jeyes C.C

Holiday Spanish Club Weds, 12.30-1.30pm, Manor Park

Walking Football Email: dgheerawo@westhamunited.co.uk or call 07803 201299. Tues, 10-11am, Priory Park

Get Active, Get Healthy, and Exercises for Fitness Thurs, 11-12pm, Jack Cornwell C.C.

Get Active, Get Healthy – Walk to the Park
Mon, 10.30-11.30am, Manor Park

Community Food Growing Project
Weds, 10am-12pm, fortnightly, East Ham

Community Cooking Project
Six-week course. £6. Weds, 11.45am-1.15pm, East Ham

Pilates Class
Tues, 9.30-10.30am, Field C.C

Drop-In Embroidery Class
Mon, 11am-1pm, East Ham

Chair Based Exercise
For all fitness levels. Fri, 10.30-11.30am, East Ham.

Fitness for 50+
Fitness circuit, mixed, 9.15-10am, Thurs; Fitness circuit, mixed, 10-10.45am, Thurs; Zumba, 1-2pm, Tues, ladies only; Exercise for ladies, 9.30-10.30am, Fri; Exercise for ladies, 10.30-11.30am, Fri, yoga for ladies, 1-2pm, Fri. Katherine Road C.C; Tues, 11am-1.30pm, Beckton C.C.

Chair Based Exercises
Numbers are limited so arrive on time to ensure your place. Weds, 10.45-11.45am, Community Road Centre, E15

Christmas Day lunch
For the elderly, those on their own. Provided by ican Community Church, 229 Romford Rd, Forest Gate, E7 9HL. Service: 10am-12pm, lunch: 1-5pm. Three course meal for all, until supplies run out. For more details, call Rona: 07949 107 687, Greg: 07946 323 909 or Janeth: 07914 973 454

GREEN

Green Gym Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973156

Green Volunteering Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)

Garden Club
Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes Gardening Club Fri, 11am-1pm, Bowling Green,Central Park, High St South, E6

Grow Together Be Together Community Gardening Club Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070

Caravanserai Garden Volunteering Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863384

Community Gardening Tues, 11.30am-2.30pm, St John's Green Community Garden

DOORSTEP CLUBS

Call 0300 124 0123. unless otherwise stated.

Athletics Club (14yrs+)
A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394756

Gym & Basketball (14yrs+)
Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

FEMALE SPORTS

Basketball Sessions
Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Female Boxfit (14yrs+)
Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783526

Girls Group Cycling (11-15 yrs)
Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Modern Arnis Martial Arts (16yrs+) Tues, 5-6pm. Call 07473 030250. Jack Cornwell C.C

Female Only Gym Sessions
Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

Get Back into Netball Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £5. Lister Community School, E13. Email: opanetballclub@hotmail.com

Abs Blast (11-15yrs)
Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Fun Female Fitness (14yrs+)
Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Netball (14yrs+)
Mon, 5-6pm, Newham College, East Ham Campus, E6 6ER. £1 for non-Newham College students. Email: sports@newham.ac.uk

Female Only Zumba
Tues, 6-7pm, Forest Gate Community School, Forest Ln, E7. Thurs, 6.30-9pm, The Well C.C, Vicarage Ln, E6. £1. Call 07741 292893; Thurs, 10.15-11.15am, Stratford, £2.50; Mon, Weds, 6.30-7.30pm, Asta Community Hub, 14A Camel Rd, E16 2DE. £2.50

Dare2Dance (12-16yrs)
Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs)
Multi sports for disabled young people. Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVic, E13

Swim for Families Dealing with Autism
Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

Family Swims
Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

Get Fit for Free
Tues, 1.30-3.30pm and Fri, 10am-12pm. Gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 0300 124 0123

RUNNING AND ATHLETICS

Beckton Park Run
Sat, 9am, Beckton Park South, E16. Call 07718 394756 www.parkrun.org/beckton

East End Road Runners
Tues and Thurs, 7pm. Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261647.

Children's Athletics (6+)
Sat, Years 1 to 4, 9.30-10.30am; Years 5 to 7, 10.30am-11.30am. £20 for 6 weeks. Tues, Years 1 to 4, 5.30pm-6.30pm; Years 5 to 7, 6.30-7.30pm. £35 for 10 weeks

Run England
£2 unless stated. Sun, 10am-12pm, Newham Leisure Centre, E13 (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12-1pm, Newham Dockside, E16 (meet at reception). Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15, £4 (meet at car park). Call 07718 394874.

SPORTS

Cricket (14yrs+) Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269226

Indoor Cricket (8-16yrs)
Weds, 6-8pm, £2, Lister

Community School, E13, email: michelle.daniel@activeNewham.org.uk

Black Arrows Badminton Club Adults: Fri, 7-9pm, Juniors: Sat, 10am-12pm, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173

Newham and Essex Beagles Athletics Club Mon and Weds, 6-9pm. Foundation groups (8-10yrs). Mon, 7-8pm and Weds, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. www.newhamandessexbeagles.co.uk

BMX (6-16yrs) Sun, 10am-12pm, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333615

Adult Tennis (16+) Sat, 9-10am, 10-11am, 11am-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun, 9-10am, 10-11am, 11am-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293513

Table Tennis (14yrs) Thurs, 4.40-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Volleyball with Newham College (14yrs+) Thurs, 5.30-7pm, East Ham Leisure Centre, email: sports@newham.ac.uk

FOOTBALL

AIR Football (16yrs+) Tues, 1-3pm, Fri, 10am-12pm, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports Mon, 4-5.30pm, Newham Leisure Centre, E13. Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+) 6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12pm, Newham Leisure Centre, E13

Ascension Football Sat, 9.15-10.45am, £3, reception to year 11. Royal Docks School, Prince Regent Lane, E16. Call 07806 584925 or 020 7511 1232

BASKETBALL

Basketball & Multi Sports Fri, 5-6.30pm, 8-19yrs, Snowshill MUGA, Snowshill Rd, E12

Basketball Sessions Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16. Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports – Basketball Thurs, 5-7pm, East Ham Leisure Centre. To register email: sports@newham.ac.uk or call 020 8257 4255

Senior Programme Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401616

Basketball (14yrs+) Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

COMMITTEE MEETINGS

Meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated.

Tues, 20 Dec, 3.30pm, Newham Partnership Children and Young People Trust, Newham Dockside, 1000 Dockside Road, E16 2QU

Weds, 21 Dec, 10am, Licensing (2003 Act) Sub-committee

Weds, 4 Jan 2017, 10am, Licensing (2003 Act) Sub-committee

Tues, 10 Jan 2017, 7pm, Overview and Scrutiny Committee

Thurs, 12 Jan 2017, 5pm, Cabinet, 5.05pm, Mayoral Proceedings

CONTACT THE MAYOR

There are no face to face or telephone surgeries in December but you can still contact the mayor by email mayor@newham.gov.uk or by writing to Mayor Sir Robin Wales, Newham Dockside, 1000 Dockside Road London E16 2QU

Here to Help sessions

Please register 30 minutes before session starts.

Thurs, Jan 12 2017, 11am Canning Town Library, 105A Barking Road, London, E16 4HQ

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingsford Wy, E6
Canning Town Barking Rd, E16
Custom House Prince Regent Ln, E16
East Ham 328 Barking Rd, E6
Green Street 337-341 Green St, E13
The Gate 2-6 Woodgrange Rd, E7
Manor Park 685-691 Romford Rd, E12
North Woolwich 5 Pier Parade, E16
Plaistow North St, E13
Stratford 3 The Grove, E15
Archives and Local Studies 020 3373 6881
Community Outreach 020 337 30813
Church of God 37 Manor Park Road, E12, 020 8911 9494

LEISURE & SPORTS VENUES

Atherton Leisure Centre 189 Romford Rd, E15
Balaam Leisure Centre 14 Balaam St, E13
East Ham Leisure Centre 324 Barking Rd, E6
Newham Leisure Centre 281 Prince Regent Ln, E13
NewVic Prince Regent Ln, E13
UEL SportsDock Docklands Campus, University Wy, E16

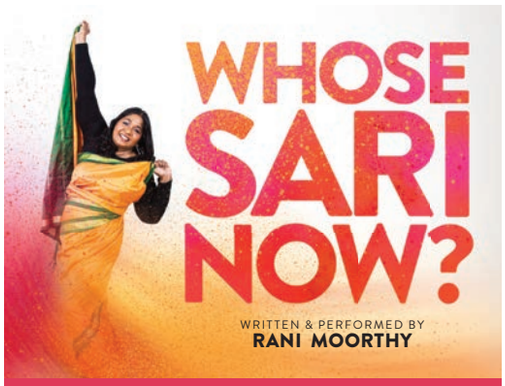
COMMUNITY CENTRES (C.C)

Beckton Community Centre 14 Manor Wy, E6, 020 7511 1214
East Ham Market Hall Myrtle Rd, E6 1HY, 020 8471 0292
Field Community Centre 147 Station Rd, E7 020 8536 2800
Grassroots Centre Memorial Park, Memorial Ave, E15, 020 3373 0650
The Hub 123 Star Ln, E16 020 3373 0750
Jack Cornwell Community Centre Jack Cornwell St, E12 020 8553 3459
Jeyes Community Centre 1 James Cl, E13, 020 3373 2205
Katherine Rd Community Centre 254 Katherine Rd, E7, 020 8548 9825
St Mark's Community Centre 218 Tollgate Rd, E6, 020 7474 1687
Vicarage Ln Community Centre Govier Cl, E15, 020 8519 0235
Harold Rd Centre 170 Harold Road, E13 0SE, 020 8472 2805
Queens Market Green St,E13
Rabbits Rd Institute 835 Romford Rd, London E12 5JY
Royal Docks Learning Activity Centre Albert Rd, North Woolwich, E16 2JB
St John's Green Community Garden Albert Rd, North Woolwich E16 2JB
St Bartholomew's Church & Centre, 292b Barking Road, E6 3BA
London Road, 1 London Road, E13 0AT
The Community Resource Centre, 200 Chargeable Lane, E13 8DW 020 3373 2697

All listings may be subject to change. Please contact individual events and activities before attending.

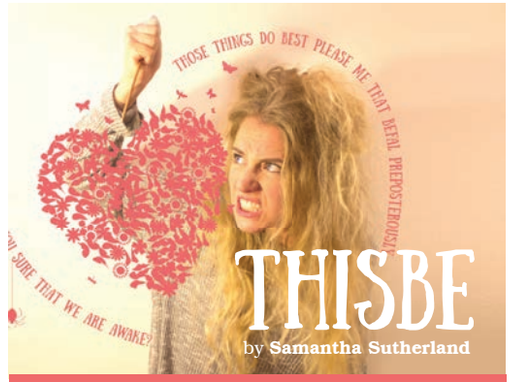
WEST END QUALITY AT EAST END PRICES!

THEATRE ROYAL STRATFORD EAST *...a people's theatre*



Gerry's 24 November-17 December

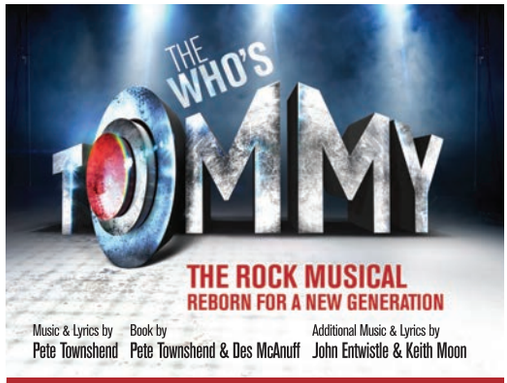
1 February-11 March



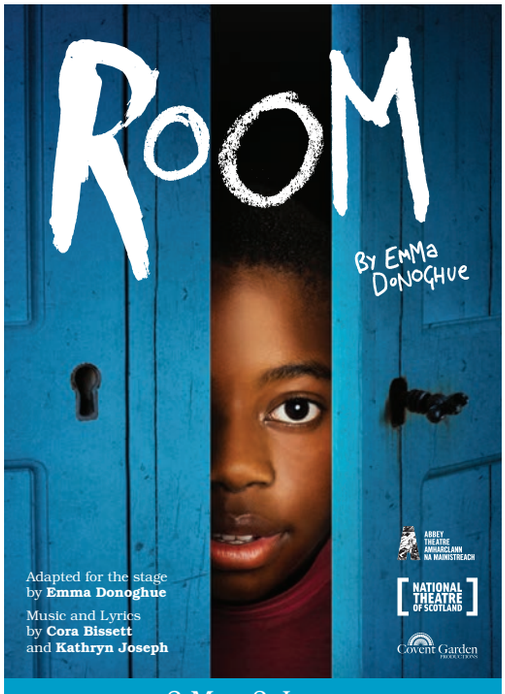
Gerry's 21-25 February

4-8 April

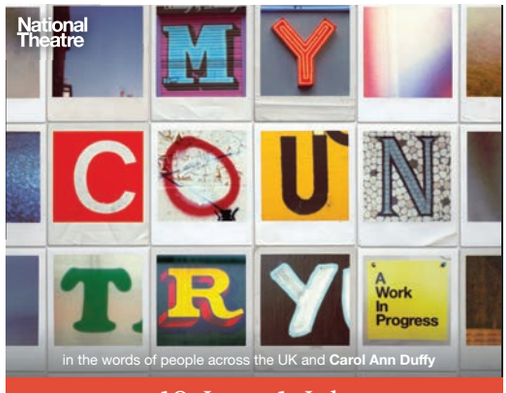
13 & 15 April


THE WHO'S TOMMY
THE ROCK MUSICAL
REBORN FOR A NEW GENERATION
Music & Lyrics by Pete Townshend
Book by Pete Townshend & Des McAnuff
Additional Music & Lyrics by John Entwistle & Keith Moon

7-17 June


ROOM
BY EMMA DONOGHUE
Adapted for the stage by Emma Donoghue
Music and Lyrics by Cora Bissett and Kathryn Joseph
ABBEY THEATRE AMHAIGCLANN NA MAINISTREACH
NATIONAL THEATRE OF SCOTLAND
Covent Garden

2 May-3 June



19 June-1 July

8-20 July

BOOK NOW
STRATFORDEAST.COM
CALL 020 8534 0310

VAT No. 233 3120 59 Charity No. 233801 Reg No. 556251

NEWHAM DISCOUNT NIGHT
£2.50 tickets available for Newham residents – ask us for more info!

Supported using public funding by ARTS COUNCIL ENGLAND
in partnership with Newham London

ONE STOP SHOP FOR ALL YOUR PROPERTY NEEDS

0207 183 8366 / 0203 322 5520

FOR SALE

since 1999 SWAYAM EAST HAM & REDBRIDGE

TO LET

since 1999 SWAYAM EAST HAM & REDBRIDGE

since 1999

SWAYAM

www.swayam.co.uk

| SALES | LETTINGS | MANAGEMENT | MAINTENANCE | MORTGAGES |

146 High Street North
East Ham, London, E6 2HT.
Tel: 0208 471 7049
info@swayam.co.uk

Member of NLA NATIONAL LANDLORDS ASSOCIATION www.landlords.org.uk

UK ALA THE UK ASSOCIATION OF LETTING AGENTS

PRS Property Redress Scheme

DPS The Deposit Protection Service

4 High View Parade,
Redbridge Lane East,
Redbridge,Essex, IG4 5ER.
Tel: 0208 550 3543